

# I ♥ mac & cheese® ALLERGEN INFORMATION

CONTAINS ✓  
MAY CONTAIN ✕



INGREDIENTS		GLUTEN	EGG	FISH	DAIRY	CRUSTACEAN	PEANUTS	SOY	SHELLFISH	TREE NUTS		
	PASTA	✓										
	GLUTEN FREE PASTA											
	SOURDOUGH BREAD	✓						✓				
	WHEAT BREAD	✓								✕		
	GLUTEN FREE BREAD		✓									
	QUINOA	✕										
	BROCCOLI											
	MARINARA		✕		✓			✕				
	BUFFALO											
	BBQ											
	MOJO											
	RANCH		✓		✓							
	SESAME GINGER	✓						✓				
	MANGO HABANERO											
	PESTO				✓					✓		
	VEGAN CHEESE									✓		
	MUSHROOMS											
	ONIONS											
	CARROTS											
	SCALLIONS											
	TOMATOES											
	PICKLES											
	JALAPEÑOS											
	CELERY											
	CORN											
	ROASTED RED PEEPERS											
	PEPPERONI											
		HAM										
BACON												
CRISPY CHICKEN		✓										
GRILLED CHICKEN		✓										
MEATBALLS		✓	✓		✓			✓				
GROUND BEEF								✕				
SHORT RIB								✓				
PULLED PORK												
LOBSTER						✓			✓			
BEYOND SAUSAGE®												
BEYOND BEEF® BEEFY CRUMBLES												
BEYOND BURGER® PATTY									✓			
	SWISS				✓							
	YELLOW CHEDDAR				✓							
	MOZZARELLA				✓							
	MUENSTER				✓							
	WHITE CHEDDAR				✓							
	BLUE CHEESE				✓							
	PEPPER JACK				✓							
	PARMESAN				✓							
	VEGAN CHEESE SLICES				✓							
		GLUTEN										
EGG												
FISH												
DAIRY												
CRUSTACEAN												
PEANUTS												
SOY												
SHELLFISH												
TREE NUTS												
		CRISPY CHICKEN PARM	✓	✕		✓			✕		✓	
		CRISPY BUFFALO BLUE	✓	✕		✓			✕			
		SHORT RIB PHILLY	✓	✕		✓			✕			
		LOBSTER & WHITE TRUFFLE MAC	✓	✕		✓	✓		✕	✓		
		SKINNY SWEET + SPICY	✓						✓			
		VEGAN DELIGHT	✓								✓	
	*GRILLED CHICKEN PARM	✓	✕		✓			✕		✓		
	*GRILLED BUFFALO CHICKEN	✓	✕		✓			✕				
		BAKED MEATBALL PARMESAN	✓	✓		✓			✓		✓	
		ALL AMERICAN BACON BURGER	✓	✕		✓			✓		✓	
		PEPPERONI PIZZA	✓	✕		✓			✕		✓	
		THE CUBAN	✓	✕		✓			✕			
			BEST OF BOTH WORLDS SOURDOUGH	✓			✓			✓		
			BEST OF BOTH WORLDS WHEAT	✓	✕		✓					✕
			BEST OF BOTH WORLDS GF BREAD	✓	✓		✓					
VEGAN MELT SOURDOUGH			✓						✓			
VEGAN MELT WHEAT			✓	✕		✓					✕	
VEGAN MELT GF BREAD			✓	✓		✓						
BLT SOURDOUGH	✓				✓			✓				
BLT WHEAT	✓		✕		✓					✕		
BLT GF BREAD	✓		✓		✓							
LOBSTER W.TRUFFLE SOURDOUGH	✓				✓	✓		✓	✓			
LOBSTER & WHITE TRUFFLE WHEAT	✓	✕		✓	✓		✓	✓	✕			
LOBSTER & WHITE TRUFFLE GF BREAD	✓	✓		✓	✓		✓	✓				
THE CUBAN SOURDOUGH	✓			✓			✓					
THE CUBAN WHEAT	✓	✕		✓					✕			
THE CUBAN GF BREAD	✓	✓		✓								
	PLAIN	✓			✓							
	PEPPERONI	✓			✓							
	BUFFALO CHICKEN	✓			✓							
	LOBSTER	✓			✓	✓			✓			
	CHEESY BROCCOLI	✓	✕		✓			✕				
	TOMATO SOUP	✓			✓							
	BAG OF CHIPS				✓							
	CHOCOLATE CHIP COOKIES	✓	✓		✓			✓				
	DESSERT BARS				✓			✓				

We attempt to prevent allergen cross-contact in the preparation of our foods; however there is a chance of such cross-contact. There could be other potential allergens not addressed here. Please consult the ingredients on each product prior to consuming.